

Congratulations on your decision to launch an exciting journey with your students!



**Your influence matters.**

The high school years can be exhilarating, yet many students feel overwhelmed when they think about the changes they will face. Prep4Success is thrilled to partner with you to help your students transition with confidence and reach their full God-given potential!

## Important Instructions and Recommendations

We highly recommend that you **follow the lessons *as shown* in your download and curriculum guide**. The lessons are cumulative, and students will appreciate having the proper context for stories and activities that reinforce key concepts.

Our interactive lessons provide a biblically integrated framework to help students succeed as they transition into high school.

### **REVIEW these key RESOURCES included in your purchase:**

#### **1. The CURRICULUM GUIDE. There you will find:**

- Lesson Topics and a Contents Guide
- Objective, Methods, and Resources
- How to Set Up Your Sessions for Success!
- Helpful tips on how to use the curriculum materials
- Ideas on Alternate Ways to Use the Curriculum

#### **2. The Editable Resources in the TOOLBOX/Press Kit.**

- Lesson Topics Student Survey (*should you wish to target student needs that may vary from year to year*)
- Sample Surveys (*complete before and after to capture results*)
  - Student Anticipation Survey
  - Teacher Observations Survey
  - Parent Observations Survey
- Sample Student Syllabus
- Sample Parent Email
- Intro Day Video Script and Parent Permission Forms
- Certificate of Completion

#### **3. The GAME CENTER:**

- Games are a fun way to engage students and assess their learning. While most P4S lessons contain activities and/or games specific to a lesson, we have other helpful

## Freshman Orientation - Learning about High School Lessons Package

resources in our “Game Center” folder. You may adapt these ideas, games, projects, and activities for any lesson!

### **Target Audience:**

These lessons are ideal for 8<sup>th</sup> and 9<sup>th</sup> grade students. Remember, the spring of 8<sup>th</sup> grade year is a time when most students are eager to hear about high school. They want to know how to prepare for a smooth transition into high school.

Having the ability to edit the materials, makes it easy to make any adjustments that you feel may be helpful to your student population.

### **When to Use the High School Prep4Success Curriculum:**

The lessons easily adapt to your school’s schedule! You can introduce our interactive lessons in a workshop setting, or you can present them over a few weeks. Some educators incorporate the curriculum in Bible class, Study Hall, Small Group time, Elective class, or Homework period.

### **IDEAS for Instructor(s):**

Spread the love! The high school counselor is an ideal instructor for teaching your middle school students about what to expect in the years ahead, however; with our curriculum, any invested teacher, counselor, administrator, or parent could facilitate other lessons.

### **Survey and Assess Your Success.**

We provide various surveys for you to assess student learning. These surveys evaluate student readiness before the course begins, during instruction, and after the student completes the course. The surveys also can help you determine the overall success of your initiative.

The surveys are editable, allowing you to capture timely and relevant data for your stakeholders. *Look in the TOOLBOX for surveys.*

### **Lesson Contents:**

Each lesson includes a Lesson Plan (pdf), PowerPoint (editable), Activities and Worksheet(s) (most are editable), Student Exit Ticket (editable), and free, online Resources.

You can access videos within the PowerPoint presentations; we have provided the web link addresses in the lesson plan should you need them.

## Freshman Orientation - Learning about High School Lessons Package

### **Editing and Customizing the Lesson and Script:**

Each lesson's PowerPoint includes an editable script that you may follow while guiding your students through the discussions and activities. To edit the script type changes in the "notes" section of each PowerPoint.

This allows you to adjust lesson content to suit your students' needs, the school's policies, and unique opportunities that your school may offer its students, such as clubs, service outreaches, and extracurricular activities.

### **Lesson Length:**

We designed the lessons for a 50-55-minute class period, depending on discussion and activities you choose to complete. The editable PowerPoint presentations make adjustments easy.

### **Tips for Empowering Results:**

Authentic learning and personal growth typically occur in the context of relationship. Discussion and experience can help your students remember key concepts and apply them to their lives.

- Don't sacrifice discussion to get through the lesson. Providing time for discussion will nurture a sense of ownership, resulting in more student engagement. Consequently, students are more likely to feel empowered and ready to make changes as they transition into high school.
- Make time for the activities and group work. Group activities and projects can foster collaboration as students develop problem solving and problem finding skills. Truly insightful projects take time to organize and execute.
- Encourage students to take advantage of opportunities that impact others. For example, using your own successful high school students and our script, you can easily create your own introduction video for your 8<sup>th</sup> grader "High School Prep" class.
- Have a great first day! Spend time with the "get to know you" activities, making relationship priority one. You never get another chance to make a first impression!

### **TERMS and USE Reminder:**

If you purchased a "school-wide" license, you agree to utilize these materials throughout your individual school only. **Please do not share ANY of these materials outside of your school, by any means**, including editable items at any time, with the exception of

## Freshman Orientation - Learning about High School Lessons Package

the free outside materials referenced throughout. All rights are reserved, and all materials are copyright protected.

If you purchased an “individual” license, you agree to utilize these materials yourself with your students. **Please do not share ANY of these materials with others, by any means**, including editable items at any time, with the exception of the free outside materials referenced throughout. All rights are reserved, and all materials are copyright protected.

### ***Learning About High School Lesson Contents Guide:***

#### **Lesson 1 – Introduction/Overview of the High School Transition**

Lesson Plan pdf

PowerPoint

- Note: The PowerPoint is editable and includes a link to an introductory video on YouTube.

Activities:

- All About You
- Questions for High School Students

Student Feedback and Exit Ticket (editable)

#### **Lesson 2 – High School Guest Speaker Day/Student Panel**

Lesson Plan pdf

PowerPoint (editable)

Activities:

- Questions for High School Students

Student Feedback and Exit Ticket (editable)

#### **Lesson 3 – GPA and Transcripts**

Lesson Plan pdf

PowerPoint (editable)

Activities:

- Calculating GPA and Cumulative GPA — Student Worksheet (editable)
- Teacher Copy: Calculating GPA Worksheet (editable)

Student Feedback and Exit Ticket (editable)

## Freshman Orientation - Learning about High School Lessons Package

### **Lesson 4 – Earning Credits and Class Rank**

Lesson Plan pdf

PowerPoint (editable)

Activities:

- Calculating Numeric Grade and Rank – Student Worksheet (editable)
- Calculating Numeric Grade and Rank – Teacher Copy (editable)

Student Feedback and Exit Ticket (editable)

### **Lesson 5 – Maximizing Opportunities & Building a Solid Student Resume**

Lesson Plan pdf

PowerPoint (editable)

Suggested Activities:

- Provide participants with a list of opportunities at your high school. These opportunities may include service projects, collaborative learning experiences, or artistic, athletic, and academic competitions. Explain how these activities can prepare students for life.
- In preparation for your faculty panel, we provided a form students may use to write questions for high school teachers.

Additional resources provided:

- Advanced Coursework Request Form (for students and parents)
- Pre-AP Students Evaluation Form (for teachers to complete)

Student Feedback and Exit Ticket (editable)

### **Lesson 6 – High School Guest Speaker Day/Faculty Panel**

Lesson Plan pdf

PowerPoint (editable)

Activities:

- Questions for High School Teachers

Student Feedback and Exit Ticket (editable)

### **Lesson 7 – My Conduct and Connecting to My Future**

Lesson Plan pdf

PowerPoint (editable)

Activities:

- Group activity instructions are provided in the lesson plan.

Student Feedback and Exit Ticket (editable)

## Freshman Orientation - Learning about High School Lessons Package

### **Lesson 8 – Learning and Using My Resources**

Lesson Plan pdf

PowerPoint (editable)

Activities:

- Scavenger Hunt Instructions (editable)
- Scavenger Hunt Team Task Sheets (editable)
- Scavenger Hunt Teacher Key (editable)

Student Feedback and Exit Ticket (editable)

### **Lesson 9 – The High School Resume**

Lesson Plan pdf

PowerPoint (editable)

Activities:

- Resume Brainstorming and Powerful Words Worksheets

Student Feedback and Exit Ticket (editable)

### **Lesson 10 – Freshmen Finals Survival Guide**

Lesson Plan pdf

PowerPoint (editable)

Activities:

- Final's week Time-management Planning Activity

Student Feedback and Exit Ticket (editable)