

Congratulations on your decision to invest in  
your student's important life skills!



## **Your influence matters.**

The high school years bring increased rigor and workload for students. To meet the challenges ahead, students must work hard and use effective study strategies.

Participants will evaluate their current academic habits, discover how to apply key study strategies and life skills that successful students follow. Finally, they will also examine the connection between biblical principles and the habits that successful students employ.

### **Important Instructions and Recommendations**

We have designed most of our lessons to stand alone so that you may choose units that suit your students' needs from year to year, however, we recommend that you **START with the “Habits of Successful Students” lesson.**

- This lesson includes a helpful study habits self-assessment, called “My Academic Habits”. You will also find a “Goal Setting” activity. Together, they provide a great starting point as students learn how to succeed in school.

Most importantly, our interactive lessons provide a biblically integrated framework as students begin to apply effective study and life skills!

NOTE: Be sure to review your students' goals at the conclusion of the unit, then celebrate their successful completion.

We have provided an editable certificate of completion for the participants.

#### **Target Audience:**

These lessons work well for middle school and early high school students. Having the ability to edit the materials, makes it easy to make any adjustments that you feel may be helpful to your student population.

#### **Lesson Contents:**

Each lesson includes a Lesson Plan (pdf), PowerPoint (editable), Activities and Worksheet(s) (most are editable), Student Exit Ticket (editable), and additional free online Resources. You can access videos within the PowerPoint presentations; we have provided the web link addresses in the lesson plan should you need them.

## Successful Study Skills Lessons Package

### **Editing and Customizing the Lesson and Script:**

Each lesson's PowerPoint includes an editable script that you may follow while guiding your students through the discussions and activities. To edit the script type changes in the "notes" section of each PowerPoint.

If you do not have access to PowerPoint, the script in the traditional lesson plan and activities will work just fine!

### **Lesson Length:**

We designed the lessons for a 50-55-minute class period, but you can combine lessons for longer class periods. The editable PowerPoint presentations make adjustments easy.

### **Explore the Game Center:**

Games are a fun way to engage students and assess their learning. While most P4S lessons contain activities and/or games specific to a lesson, we have additional resources in our "Game Center" folder. You may adapt these ideas, games, projects, and activities for any lesson!

### **When to Use the Study Skills Curriculum:**

The lessons easily adapt to your school's schedule! You can introduce our interactive lessons in a workshop setting, or you can present them over a few weeks. Some educators incorporate the curriculum in a Bible class, Study Hall, Small Group time, Elective class, or Homework period.

### **IDEAS for Instructor(s):**

Spread the love! Counselors, Bible teachers, or any invested teacher, administrator, or parent could facilitate lessons.

### **Tips for Empowering Results:**

Authentic learning and personal growth typically occur in the context of relationship. Discussion and experience can help your students remember key concepts and apply them to their lives.

- Don't sacrifice discussion to get through the lesson. Providing time for discussion will nurture a sense of ownership, resulting in more student engagement. Consequently, students are more likely to feel empowered and ready to make changes as they transition into high school.
- Make time for the activities and group work. Group activities and projects can foster collaboration as students develop problem solving and problem finding skills. Truly insightful projects take time to organize and execute.

## Successful Study Skills Lessons Package

### **TERMS and USE Reminder:**

If you purchased a “school-wide” license, you agree to utilize these materials throughout your individual school only. **Please do not share ANY of these materials outside of your school, by any means**, including editable items at any time, with the exception of the free outside materials referenced throughout. All rights are reserved, and all materials are copyright protected.

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### ***Successful Study Skills Lesson Contents:***

#### **Lesson 1 – Habits of Successful Students: Part 1 – You Are Here**

Lesson Plan pdf

PowerPoint (editable)

Activities:

- “Habits of Successful High School Students” Handout
- “My Academic Habits” Assessment

Student Feedback and Exit Ticket (editable)

#### **Lesson 2 – Habits of Successful Students: Part 2 – You Are Going Places!**

Lesson Plan pdf

PowerPoint (editable)

Activities:

- Continue “Habits of Successful High School Students” Handout
- “Being a Successful Student: My Goals!”

Student Feedback and Exit Ticket (editable)

#### **Lesson 3 – Learning Styles**

Lesson Plan pdf

PowerPoint (editable)

Activities:

- Links to free, printable, and online learning styles assessments

Learning Styles Study Strategies — Handout

Student Feedback and Exit Ticket (editable)

## Successful Study Skills Lessons Package

### **Lesson 4 – Listening Skills**

Lesson Plan pdf

PowerPoint (editable)

- A student participation/competition activity is included in the lesson plan.

Student Feedback and Exit Ticket (editable)

### **Lesson 5 – Note Taking Strategies**

Lesson Plan pdf

PowerPoint (editable)

Top Ten Notetaking Habits of Successful High School Students — Handout

Student Feedback and Exit Ticket (editable)

### **Lesson 6 – Note Taking Systems**

Lesson Plan pdf

PowerPoint (editable)

Activities:

- Template for the Mind Mapping Notetaking System
- Template for the Cornell Notetaking System

Student Feedback and Exit Ticket (editable)

### **Lesson 7 – Textbook Reading**

Lesson Plan pdf

PowerPoint (editable)

Activities:

- SQ3R Worksheet
- SQ3R Mind Mapping Worksheet

Student Feedback and Exit Ticket (editable)

### **Lesson 8 – Test Preparation**

Lesson Plan pdf

PowerPoint (editable)

Activities:

- Self-assessment is provided in the lesson plan.
- Student participation/competition activity included in the lesson plan

Student Feedback and Exit Ticket editable

## Successful Study Skills Lessons Package

### **Lesson 9 – Test Taking**

Lesson Plan pdf

PowerPoint (editable)

Activities:

- A self-assessment is provided in the lesson plan.
- A student participation/competition activity is included in the lesson plan.

Student Feedback and Exit Ticket (editable)