

Congratulations on your decision to launch an exciting journey with your students!



Your influence matters.

Important Instructions and Recommendations

We designed these lessons to stand alone so you teach them in any order that suits your students' needs.

Our interactive lessons provide a biblically integrated framework as students learn about self-management so they achieve greater success in school *and* life!

Explore the Game Center.

Games are a fun way to engage students and assess their learning. While most P4S lessons contain activities and/or games specific to a lesson, we have additional resources in our “Game Center” folder. You may adapt these ideas, games, projects, and activities for any lesson!

IDEAS for Instructor(s):

Spread the love! Any invested teacher, counselor, and/or administrator could facilitate these important lessons.

The ideal teacher/facilitator for this material should:

- See the value of significant potential outcomes for all students
- Put relationship before content, encouraging and allowing for as much discussion as possible surrounding this important and timely topic
- Understand that the students' need should drive the content

Learning is nurtured in relationship through discussion and experience.

- Don't sacrifice discussion to get through the lesson. Providing time for students to share will nurture a sense of ownership, resulting in more student engagement. Consequently, students are more likely to feel empowered and ready to make changes as they transition into high school.

The Lesson Plans provide you with a script you can use. The words you should say are marked by this arrow icon at the top of each page. Teacher verbiage is NOT italicized, *while teacher actions appear in italics.*



Self-management Lesson Package

The Lesson Plans and PowerPoints reinforce each other and work well together. You will find a script in each lesson plan. The script also appears in the “notes” section of each PowerPoint. If you do not have access to PowerPoint, don’t worry. We have written traditional lesson plans, so you can use them easily, without PowerPoint if necessary.

PowerPoints and Many Activities are Editable. You may brand these items with your school crest and/or adjust lesson content to suit your students’ needs, the school’s policies, and unique opportunities that your school may offer its students, such as clubs, service outreaches, and extracurricular activities. Once you have edited the PowerPoint to suit you, feel free to print the “notes” version of the PowerPoints for your personalized script.

Each Lesson’s folder contains the Lesson Plan, PowerPoint, Activities, and other helpful Resources. We have provided Student Feedback/Exit Tickets for each lesson; they are editable to enable you to assess student learning.

Important NOTE about FONTS and the PowerPoint presentations: These fonts have been embedded into the PowerPoints but may work even better if you download the fonts on the computer you will be using before you present the material.

Instructions for downloading fonts for free:

1. Go to the web links for each font below. Click on the small “download” button on the upper right of the screen.
2. Find “downloads” on your computer and double click on each font to open them; there are usually 3-4 font styles, including regular type, light, and bold.
3. Click on “install” for each font.

FREE Font Web Links:

“Antonio” which can be downloaded here: <https://www.fontsquirrel.com/fonts/antonio>

"Raleway" you'll find here: <https://www.fontsquirrel.com/fonts/raleway>

"Daniel" which is here <https://www.fontsquirrel.com/fonts/daniel>

“Mangal”: <https://fontzone.net/font-details/mangal>

TERMS and USE Reminder:

Upon purchase, you agree to utilize these materials in your individual school only. **Please do not share ANY of these materials outside of your school, by any means**, including editable items at any time, with the exception of the free outside materials referenced throughout. All rights are reserved and all materials are copyright protected.

Lesson Contents

Self-Management

Lesson 1 – Organization

Lesson Plan pdf

PowerPoint (editable)

Activities:

- Organizational Skills Checklist
- On Binder System

Student Feedback and Exit Ticket (editable)

Lesson 2 – Time Management

Lesson Plan pdf

PowerPoint (editable)

Activities:

- Time Management Self-Assessment
- Personal Time Log (Student and Teacher Resources)
- “Stewardship of My Time” Exercise (Student and Teacher Resources)
- “Urgent, Important, Want” Activity

Time Management Notes Guide

Student Feedback and Exit Ticket (editable)

Lesson 3 – Decision Making

Lesson Plan pdf

PowerPoint (editable)

Activities:

- Decision-Making Activity Worksheet
- Decision-Making Activity Scenarios

Student Feedback and Exit Ticket (editable)