

Congratulations on your decision to invest in
your student's important life skills!

Your influence matters.



Important Instructions and Recommendations

START with the Habits of Successful Students lesson.

This lesson includes a helpful study habits self-assessment, called “My Academic Habits”. You will also find a “Goal Setting” activity. Together, they provide a great starting point as students learn how to succeed in school.

Most importantly, our interactive lessons provide a biblically integrated framework as students begin to apply effective study and life skills!

NOTE: Be sure to review your students' goals at the conclusion of the unit, then celebrate their successful completion.

We have provided an editable certificate of completion for the participants.

Lesson Contents:

Each lesson includes a Lesson Plan (pdf), editable PowerPoint, Activities and Worksheet(s) (most are editable), Student Exit Ticket (editable), and free, online Resources.

Lesson Length:

We designed the lessons for a 45-50-minute class period, but you can combine lessons for longer class periods. The editable PowerPoint presentations make adjustments easy.

You may decide to cover certain topics in two sessions. Some schools encourage teachers from different disciplines to assist with these lessons, since study skills can vary from subject to subject. Either way, it will be important for students to practice what they learn in this study skills course.

Editing and Customizing the Lesson and Script:

Each lesson includes an editable script that you may follow while guiding your students through the discussions and activities. To edit the script, type the changes in the “notes” section of each PowerPoint.

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The PowerPoint presentations themselves are editable, allowing you to hide or delete unwanted slides.

Most of our activities are editable, so you can adjust lesson content to suit your students' needs.

If you do not have access to PowerPoint, the script provided in the traditional lesson plan and activities will work just fine!

Explore the Game Center.

Games are a fun way to engage students and assess their learning. While most P4S lessons contain activities and/or games specific to a lesson, we have additional resources in our "Game Center" folder. You may adapt these ideas, games, projects, and activities for any lesson!

When to Use the Study Skills Curriculum:

You can introduce our interactive lessons in a workshop setting, or you can present them over a few weeks. Some educators incorporate the curriculum in a Bible class, Study Hall, Small Group time, Elective class, or Homework period. The lessons easily adapt to your school's schedule!

It may be worthwhile to devote an entire semester or a full year to cover the material, allowing middle and high school students ample time to process and apply the lessons in a controlled and collaborative setting. Whether you decide to set aside a few days or an entire year, your students can benefit from our Study Skills Curriculum!

ONE FINAL NOTE: We designed most of our lessons and activities to stand alone, but taken as a whole, they reinforce vital concepts. Our lessons offer a biblically integrated framework for students to develop effective study skills as they build key life skills.

IDEAS for Instructor(s):

Spread the love! Counselors, Bible teachers, or any invested teacher, administrator, or parent could facilitate lessons.

Tips for Empowering Results:

Authentic learning and personal growth typically occur in the context of relationship. Discussion and experience can help your students remember key concepts and apply them to their lives.

- Don't sacrifice discussion to get through the lesson. Providing time for discussion will nurture a sense of ownership, resulting in more student engagement. Consequently, students are more likely to feel empowered and ready to make changes as they transition into high school.

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- Make time for the activities and group work. Group activities and projects can foster collaboration as students develop problem solving and problem finding skills.
- Encourage your teachers to utilize current class material. Students need to practice their newly acquired study skills.

Important Note about FONTS and PowerPoint Presentations:

The fonts listed below have been embedded into the PowerPoints but may work even better if you download the fonts on the computer you will be using before you present the material.

Here are instructions for downloading the fonts for free:

1. Go to the web links for each font below. Click on the small “download” button on the upper right of the screen. Be careful not to choose the larger buttons that say “start now”.
2. Find “downloads” on your computer and double click on each font to open; there are usually 3-4 font styles, including regular type, light, and bold.
3. Click on “install” for each font.

FREE FONT Web Links:

“Antonio”: <https://www.fontsquirrel.com/fonts/antonio>

"Raleway": <https://www.fontsquirrel.com/fonts/raleway>

"Daniel": <https://www.fontsquirrel.com/fonts/daniel>

“Mangal”: <https://fontzone.net/font-details/mangal>

TERMS and USE Reminder:

Upon purchase, you agree to utilize these materials in your individual school only. **Please do not share ANY of these materials outside of your school, by any means**, including editable items at any time, with the exception of the free outside materials referenced throughout. All rights are reserved and all materials are copyright protected.

Successful Study Skills Lessons Package

Lesson Contents:

Successful Study Skills

Lesson – Habits of Successful High School Students: You Are Here

Lesson Plan pdf

PowerPoint (editable)

Activities:

- “Habits of Successful High School Students” – Handout
- “My Academic Habits” Assessment
- “Being a Successful Student: My Goals!”

Student Feedback and Exit Ticket (editable)

Lesson – Learning Styles

Lesson Plan pdf

PowerPoint (editable)

Activities:

- Links to free printable and online Learning Styles Assessments
- “Learning Styles and Study Strategies” – Handout

Student Feedback and Exit Ticket (editable)

Lesson – Listening Skills

Lesson Plan pdf

PowerPoint (editable)

- Student Participation/Competition Activity (included in the lesson plan)

Student Feedback and Exit Ticket (editable)

Lesson – Notetaking

Lesson Plan pdf

PowerPoint (editable)

Activities:

- Template for the “Mind Mapping” Notetaking System
- Template for the Cornell Notetaking System
- “Top Ten Notetaking Habits of Successful High School Students” – Handout

Student Feedback and Exit Ticket (editable)

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Lesson – Textbook Reading

Lesson Plan pdf

PowerPoint (editable)

Activities:

- SQ3R – Worksheet
- SQ3R “Mind Mapping” – Worksheet

Student Feedback and Exit Ticket (editable)

Lesson – Test Preparation

Lesson Plan pdf

PowerPoint (editable)

Activities:

- Self-Assessment (provided in the lesson plan)
- Student Participation/Competition Activity (included in the lesson plan)

Student Feedback and Exit Ticket (editable)

Lesson – Test Taking

Lesson Plan pdf

PowerPoint (editable)

Activities:

- Self-Assessment (provided in the lesson plan)
- Student Participation/Competition Activity (included in the lesson plan)

Student Feedback and Exit Ticket (editable)